

Course Title:		Badminton – Int/Adv					
Course Code:		G1206PGS	Centre:	Greenshaw	Tutor:	Lynn Watkins	
Day:	Mon	Start Date:	20/09/10	Length:	10 wks	Time:	19:30-21:30

Course Content/Syllabus

This course will include the following topics:

- Recap on previous level.
- 2/3 shot sequences
- Deception
- Advanced hitting techniques
- Advanced doubles play

After completing the course, students should be able to:

- Perform a variety of 2/3 shot sequences.
- Introduce deception into attacking and defensive play.
- Play doubles to a high standard/club standard.

Assessment Methods

Continuous informal assessment.

Home Study

Attendance

Regular attendance is expected in order to get the most from your course.

Entry Requirements

To have completed an intermediate level course or reached an advanced level of play.

English, Maths & IT Entry Requirements

Ability to understand verbal instructions and copy movements

Exam Fees

N/a

Additional Costs (eg course materials & textbooks)

- £5 shuttle fee for course

You are advised not to purchase text-books or equipment until the course is confirmed.

For your first session, please bring:

- Badminton racket
- Indoor trainers
- Sports Clothing
- Drink
- £5 towards shuttles.

Extra Help With Your Learning

For details of additional support, please request the learning support leaflet and indicate your needs on the enrolment form.

Progression/Further Opportunities:

Continue with advanced level.
Other sports activities at SCOLA