

Course Title:		Badminton – Beg/Imp					
Course Code:		G2206PGS	Centre:	Greenshaw	Tutor:	Vibul Wataranan	
Day:	Tue	Start Date:	11/01/11	Length:	12 wks	Time:	19:00-20:15

Course Content/Syllabus

This course will include the following topics:

- The importance of warm-up and cool down, stretching and ballistics
- Scoring a doubles game
- Use of grips
- Racket head control
- Racket face control
- Strokes from the Fore-court, Mid- court and Rear-court

After completing the course, students should be able to:

- Hit the shuttle with consistency
- Play and score a doubles game
- Know the different strokes in badminton
- Demonstrate technique in hitting the shuttle

Assessment Methods

Continuous informal assessment.

Home Study

Attendance

Regular attendance is expected in order to get the most from your course.

Entry Requirements

N/a – all welcome

English, Maths & IT Entry Requirements

Ability to understand verbal instructions and copy movements

Exam Fees

N/a

Additional Costs (eg course materials & textbooks)

- £1 shuttle fee per term

You are advised not to purchase text-books or equipment until the course is confirmed.

For your first session, please bring:

- Badminton racket
- Badminton shoes
- Sports Clothing
- Drink
- £1 towards shuttles.

Extra Help With Your Learning

For details of additional support, please request the learning support leaflet and indicate your needs on the enrolment form.

Progression/Further Opportunities:

Badminton Intermediate Level.
Other sports activities at SCOLA