

Course Title:		Street Dance and Hip Hop, Level 1								
Course Code:		S2229MGS	Centre:		Sutton	Tutor:		Amy Collins		
Day:	Tue	Start Date:		21/09/10	Length:		10 wks	Time:		20:15-21:15

Course Content/Syllabus

Contemporary dance routines for fun and fitness, set to the latest music with movements that can be seen from a variety of music videos.

Originating in the 1970s from African/American and Puerto-Rican street dance styles, these dance forms are based on rhythm and beat to contemporary music.

After completing the course, students should be able to:

Shine on the dance floor with confidence and style!

Assessment Methods

Continuous informal assessment.

Home Study

Practice at home will improve your progress.

Attendance

Regular attendance is expected in order to get the most from your course.

Entry Requirements

All ages welcome, but should be fairly active

English, Maths & IT Skills Required

Ability to understand and follow instructions

Exam Fees

N/a

Additional Costs (eg course materials & textbooks)

- Comfortable footwear.

You are advised not to purchase text-books or equipment until the course is confirmed.

For your first session, please bring:

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Extra Help With Your Learning

For details of additional support, please request the learning support leaflet and indicate your needs on the enrolment form.

Progression/Further Opportunities: