

Course Title:		Jive, Rock & Roll, Salsa & Mambo Level 1					
Course Code:		S3228MGS	Centre: Sutton		Tutor: Linda Fountain		
Day:	Wed	Start Date:	12/01/11	Length:	20 wks	Time:	20:15-21:30

Course Content/Syllabus

This course will include the following topics:

- Warm-up
- Basic actions in rock 'n' roll
- Basic actions in Mambo
- Basic actions in Jive
- Basic actions in Salsa
- Special figures in rock 'n' roll
- Special figures in Mambo
- Special figures in Jive
- Special figures in Salsa
- PLEASE NOTE: Students are encouraged to change partners in this class.

After completing the course, students should be able to:

- Have a feeling for each different type of music
- Co-ordinate actions in time to music
- Lead or follow dance steps
- Dance each dance to a reasonable standard

Assessment Methods

Continuous informal assessment.

Home Study

Practice at home will improve your progress

Attendance

Regular attendance is expected in order to get the most from your course.

Entry Requirements

Not suitable for complete beginners

English, Maths & IT Entry Requirements

Ability to understand verbal instructions and basic numeracy for counting beats

Exam Fees

N/a

Additional Costs (eg course materials & textbooks)

- You are advised not to purchase text-books or equipment until the course is confirmed.

For your first session, please bring:

- Wear light, comfortable clothing
- Suitable shoes – jazz shoes or leather-soled but not trainers

Extra Help With Your Learning

For details of additional support, please request the learning support leaflet and indicate your needs on the enrolment form.

Progression/Further Opportunities:

Latin in Line and Ballroom & Club Dance available at SCOLA