

<b>Course Title:</b>		<b>Ballroom &amp; Club Dance Easy Level 1</b>					
<b>Course Code:</b>		S5212MGS	<b>Centre:</b>	Sutton	<b>Tutor:</b>	Linda Fountain	
<b>Day:</b>	Fri	<b>Start Date:</b>	24/09/10	<b>Length:</b>	10 wks	<b>Time:</b>	20:15-21:30

### Course Content/Syllabus

This course will include the following topics:

- Basic steps of ballroom dances e.g. waltz, quickstep, foxtrot, tango)
- Basic steps of some Latin-American dances e.g. Rumba, Samba, Jive, Cha Cha)
- Basic steps of some alternative rhythm dances e.g. Salsa, Mambo, Merengue, Bossa Nova
- Some party dances

**PLEASE NOTE: Students are encouraged to change partners in this class.**

**After completing the course, students should be able to:**

- Dance the basic steps in a number of ballroom, latin-american and club dances
- Recognize different dance rhythms

### Assessment Methods

Continuous informal assessment.

### Home Study

Practice at home will improve your progress

### Attendance

Regular attendance is expected in order to get the most from your course.

### Entry Requirements

N/a – all welcome

### English, Maths & IT Entry Requirements

Ability to understand verbal instructions and copy movements

### Exam Fees

N/a

### Additional Costs (eg course materials & textbooks)

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You are advised not to purchase text-books or equipment until the course is confirmed.

### For your first session, please bring:

- Suitable shoes with a small heel – not trainers

### Extra Help With Your Learning

For details of additional support, please request the learning support leaflet and indicate your needs on the enrolment form.

### Progression/Further Opportunities:

Latin in Line & Jive Rock 'n' Roll classes